PROJECT: Soup Bowl Cozies

Keep hands and tabletops protected from hot bowls of food with a microwave-safe cozy.

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FINISHED SOUP BOWL COZY:
fits a 6" diameter bowl

MATERIALS
Fabrics are from the Lady Bird collection by Crystal Manning for Moda Fabrics *(modafabrics.com)*.

- ☐ **2—10" squares 100%-cotton* print**
- ☐ **2—10" squares batting (We used Wrap-N-Zap.)**
- ☐ **Air- or water-soluble marking pen**

*Use only 100%-cotton fabric, batting, and thread. Polyester and metallic materials are flammable. If you use a material you're unsure about, do not heat the cozy in a microwave. Instead, transfer the bowl to the cozy after heating.

ADDITIONAL SIZES
If you wish to make cozies for bigger bowls, start with larger fabric squares and adjust the Step 2 dart measurements as specified here.

- ☐ For 8"-diameter bowls: 12" squares of fabric and batting; darts 1" across and 2½" down
- ☐ For 12"-diameter bowls: 15" squares of fabric and batting; darts 1" across and 3" down



ASSEMBLE SOUP BOWL COZY
1. Layer one 10" batting square on wrong side of one print 10" square; pin in place. Machine-quilt an × through layered squares.

2. Fold layered square in half with batting side out and folded edge on the right. Referring to **Diagram 1,** at top right-hand corner use a marking tool to mark dots 1" from fold and 2" from top edge. Draw a line between dots. Repeat in bottom right-hand corner.

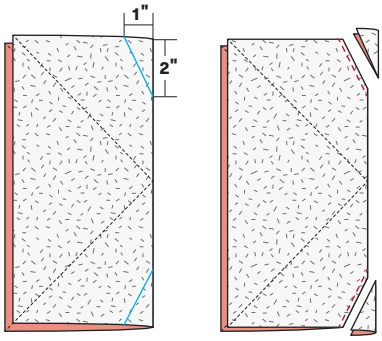


Diagram 1

3. Sew on drawn lines to create darts **(Diagram 1).** Trim seam allowances to ⅛".

4. Referring to **Diagram 2,** refold layered square in half so sewn darts are aligned and fold is on the right. Mark right-hand corners as before; sew and trim to make cozy top that has four darts.

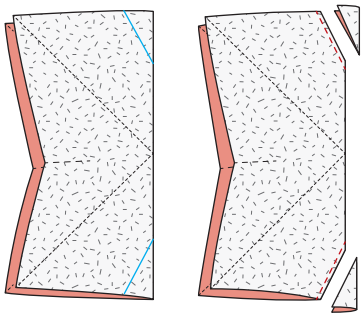


Diagram 2

5. Repeat steps 1-4 with remaining batting and fabric 10" squares to make cozy bottom that has four darts.

6. Layer cozy top and bottom with right sides together; align corners and darts **(Diagram 3).**

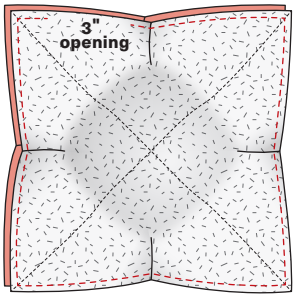


Diagram 3

7. Sew edges together with a ¼" seam allowance, leaving a 3"-wide opening in one edge for turning **(Diagram 3).**

8. Turn right side out through the opening. Push out corners. With raw edges of opening folded in ¼", topstitch all edges to complete soup bowl cozy.

Tip: If your sewing machine is having trouble stitching through all the layers, turn cozy wrong side out, trim seam allowance to ⅛" to eliminate bulk, and repeat Step 8. You also can sew with a walking foot.

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